



## **Zucchini Formaggio**

### **Makes 1 Servings**

- 1 Medium Zucchini
- 1 Tsp Buon Appetito (plus a pinch)
- 2 Tbsp Whole Milk Ricotta Cheese
- 1 Tbsp Freshly Grated Parmesan
- 2 Tsp Balsamic Reduction

### **Preparation:**

Rinse your zucchini and spiralize to your liking. I used the large core blade to my Kitchen Aid Spiralizing attachment. Place in a microwave steamer and toss with 1 tsp Buon Appetito, add a little water to cover the bottom and steam in microwave for 3-5 minutes.

Remove and toss gently. Place zucchini on a plate and dollop the ricotta cheese on top. Sprinkle with one more pinch of Buon Appetito, add parmesan cheese. Finally drizzle with the balsamic reduction.

For such a simple dish it is truly luscious! Too much flavor!

Buon Appetito!!!